HIGHLAND ISLAND

WHAT THE [BLEEP] IS THAT?
HIGHLAND ISLAND GAMES IS A HEAVY THROWING COMPETITION, A LONG-WITHSTANDING SCOTTISH TRADITION OF STRENGTH AND Grit Showcased Throughout 7 EVENTS OF WeIGHTS, STONES, HAMMERS AND TELEPHONE POLES (AKA CABERS).

WHERE & WHEN
SHELDON JACKSON LAWN, 12:30PM - 9PM AUGUST 3RD

CLASSES/ATHLETES SOUGHT
MEN’S OPEN = BEGINNER AND EXPERIENCED ATHLETES
MEN’S LIGHT WEIGHT = THOSE UNDER 190 LBS.
MEN’S MASTERS = THOSE OVER 40 YEARS OLD
WOMEN’S OPEN = BEGINNER AND EXPERIENCED ATHLETES

“TOLD YOU SO” WARNING:
PRACTICE IS ENCOURAGED. TYPICALLY HELD WEDNESDAYS AND SUNDAYS FOR FREE. CONTACT JIM GIBSON 757-535-3962.

WARNING:
WE THROW TREES