



**SITKA
SEAFOOD
FESTIVAL
PRESENTS...**



HIGHLAND ISLAND

WHAT THE [BLEEP] IS THAT?

HIGHLAND ISLAND GAMES IS A HEAVY THROWING COMPETITION, A LONG-WITHSTANDING SCOTTISH TRADITION OF STRENGTH AND GRIT SHOWCASED THROUGHOUT 7 EVENTS OF WEIGHTS, STONES, HAMMERS AND TELEPHONE POLES (AKA CABERS).

WHERE & WHEN

SHELDON JACKSON LAWN, 12:30PM - 9PM AUGUST 3RD

CLASSES/ATHLETES SOUGHT

MEN'S OPEN = BEGINNER AND EXPERIENCED ATHLETES

MEN'S LIGHT WEIGHT = THOSE UNDER 190 LBS.

MEN'S MASTERS = THOSE OVER 40 YEARS OLD

WOMEN'S OPEN = BEGINNER AND EXPERIENCED ATHLETES

"TOLD YOU SO" WARNING:

PRACTICE IS ENCOURAGED. TYPICALLY HELD WEDNESDAYS AND SUNDAYS FOR FREE. CONTACT JIM GIBSON 757-535-3962.

WARNING: WE THROW TREES

